

# Winter Outdoor Travel Team Practices

January 2024

Dear Mount Laurel United Travel Team Coaches and Managers.

As we embrace the winter season, it's crucial to ensure a smooth and organized schedule for our team practices and training sessions. Please take note of the following guidelines:

## 1. **Field Usage and Scheduling:**

- All practices and training must be scheduled to secure field use.
- Please refrain from heading out to the turf solely based on the presence of lights.
- Knowing the teams and timings for field usage helps us efficiently schedule the lights.

## 2. **Grass Fields Closure:**

- As a reminder, grass fields are closed during the winter months.

## 3. **Scheduling Winter Practices on Turf:**

- To schedule a winter practice or training session on the turf, send a request to [admin@mlusoccer.org](mailto:admin@mlusoccer.org) at least a day before the intended date.
- Requests will be added to the [Winter Turf Scheduling calendar](#) if space is available. Check the calendar for current availability.
- Winter scheduling extends through mid-February or until the Spring 2024 practice and training schedule begins.

## 4. **Cancellation Policy:**

- If you need to cancel a scheduled date, please promptly contact [admin@mlusoccer.org](mailto:admin@mlusoccer.org).

## 5. **Safety First:**

- Exercise common sense and judgment regarding the suitability of outdoor practice based on temperature, weather conditions, and duration.
- Dress appropriately for winter weather conditions.
- Winter practices are considered off-season and should not be presented as mandatory.

## 6. **US Soccer Cold Weather Guidelines:**

- [Follow the US Soccer Cold Weather Guidelines](#).
- If the temperature, including wind chill, is 32 degrees and below, practice will be canceled, and lights will be turned off.

Remember, your safety and well-being are our top priorities. If you have any questions or concerns, feel free to reach out. Let's make this winter season of training enjoyable, safe, and successful for everyone.

Stay Safe and Warm!

Mount Laurel United Soccer